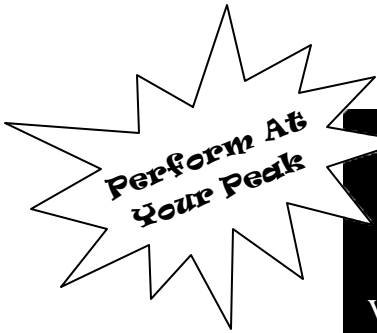


"Health means experiencing oneself as a whole person, with reverence for one's own life, and as someone unique."

--Eriksson



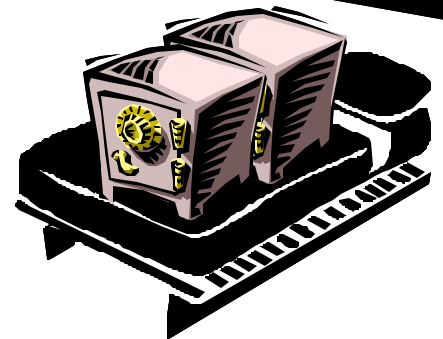
UND STUDENT HEALTH SERVICES HEALTH PROMOTION PROGRAM

is "Promoting A Healthy U" by sponsoring a variety of prevention and wellness programs to enhance the health of the campus community.



Speakers, materials, outreach programs, and interactive games are available on a variety of health and wellness topics including:

- ★ Body Image
- ★ Date Rape/Club Drugs
- ★ Disease Prevention
- ★ Fitness
- ★ How to Stop Smoking
- ★ Making Healthy Choices Easy Choices
- ★ Nutrition
- ★ Sexuality
- ★ STDs/HIV
- ★ Stress
- ★ Student Success
- ★ Time Management



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